Resources Compiled by Advocates for Tongue-Tie Education

<http://www.tongue-tie-education.com/>

Dr. Kotlow’s 2013 Breastfeeding and Tongue Tie Book and Resources:

1. <http://www.kiddsteeth.com/2013bookbreastfeeding.pdf> ***&*** www.kiddsteeth.com

2. http://www.youtube.com/watch?v=5opSbXvL7yQ (shows how to assess tie)

Dr. Bobby Ghaheri, ENT’s Article on TheLeakyBoob.com

3. <http://theleakyboob.com/tag/bobby-ghaheri/>

Norma Ritter’s Article

4. <https://breastfeedingusa.org/content/article/tell-me-about-tongue-ties>

Catherine Watson Genna’s Quick Help

 5. <http://cwgenna.com/quickhelp.html>

Tongue Tie Help: Putting The Pieces Together

6. [www.tonguetiehelp.org](http://www.tonguetiehelp.org)

Facebook Groups and Communities:

Tongue Tie Babies Support Group (over 8,000 members and growing)

7. [www.facebook.com/groups/tonguetiebabies](http://www.facebook.com/groups/tonguetiebabies)

Advocates for Tongue Tie Education

8. [www.facebook.com/groups/advocates.for.tongue.tie.education](http://www.facebook.com/groups/advocates.for.tongue.tie.education)

*For further information and resources, please contact contact@tongue-tie-education.com*